

ST PETERS SCHOOL PE CURRICULUM

CURRICULUM 1 (SLD/PMLD) - ADAPTED PHYSICAL EDUCATION

- Curriculum 1 focuses on the most appropriate activities for the student’s developmental level and needs. The curriculum is based on activities that are functional, sensory and experiential, whilst providing stimulating and challenging learning environments.
- Preparation for life out with and after Young Epilepsy is vital. The functional nature of the activities will hopefully enhance the lives of the students whilst with their families / carers.
- Repetition is important to allow the student’s to internalise the physical and cognitive tasks.
- The focus of teaching physical education in this curriculum is to give the students opportunities to:
 - Develop simple single actions and use a number of these actions consecutively.
 - Develop and improve basic control and co-ordination of these actions and movements.
 - Develop a small range of reactions to different stimuli and respond more consistently.
 - Begin to develop an element of purpose or intent in some actions.

Key Stage	Year Group	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
ALL	ALL	Outdoor Adventurous Activities (Units 2.22, 3.14) Hiking & adapted cycling	Trampoline & Functional gymnastics (units 1.6, 2.5, 3.13) Parachute and adapted games (units 1.3, 1.4, 1.5, 2.9)		Swimming Activities and Water Safety (Units 1.8, 2.19, 3.16, 3.17)		Outdoor Adventurous Activities – (Unit 2.22, 3.14) – Canoeing, Low ropes and pictorial orienteering

CURRICULUM 2 (MLD/SLD)

- Curriculum 2 follows the programmes and breadths of studies outlined in the National Curriculum and QCA guidance.
- Progressive schemes of work/units linked to PE equals schemes. (*Relevant units in brackets*).
- Fundamental Movement Scheme (FUNS) will be delivered alongside many of the units to develop balance, agility and coordination.
- Key Stage 4 students will access off-site community facilities for some activities.
- Where appropriate students will achieve external accreditation through National Governing Bodies (NGB’s) award schemes – BG (trampoline), ASA (swimming).
- Dance is delivered through creative arts and assessed using PE dance assessments on B squared. In addition, Surrey special schools day of dance and visiting dance companies.

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CURRICULUM 2 (MLD/SLD)

Key Stage	Year Groups	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
1 & 2	1 - 6	Swimming Activities and Water Safety (Units 1.8, 2.19, 2.20)	Swimming Activities and Water Safety (Units 1.8, 2.19, 2.20)	Gymnastics Activities & Trampoline (Units - 1.6, 1.7, 2.5, 2.6, 2.7, 2.8) FUNS scheme	Athletics Activities (Unit 2.17, 2.18) FUNS scheme	Games Activities (Units 1.5, 2.9, 2.13, 2.14, 2.15) FUNS scheme	Outdoor Adventurous Activities (unit 2.2) <ul style="list-style-type: none"> • Orienteering • Adapted cycling • Teambuilding activities
3	7 - 9	Swimming (stroke development) Water Safety (Units - 3.16, 3.17, 3.18)	Gymnastics Activities & Trampoline (Units 3.12 & 3.13) FUNS scheme	Health Related Exercise (ONSITE) Year 7 - Gym Year 8 - Gym & circuits Year 9 – Gym (dist challenge) & body pump	Games Activities Year 7 – Uni-hoc/Basketball- invasion (Units 3.6 & 3.7) Year 8 – KwikCricket- striking/fielding (Unit 3.10) Year 9 – Badminton -net/wall (Unit 3.9)	Athletics Activities (Units - 3.1 & 3.2) Aviva sports hall athletics scheme FUNS scheme	Outdoor Adventurous Activities (3.14, 3.15) <ul style="list-style-type: none"> • Canoeing • Low ropes • Functional Teambuilding
4	10&11	Swimming and Personal Survival (Unit 4.14 & 4.14)	Trampoline –BG trampoline awards accreditation (Units – 4.10 & 4.11) FUNS scheme	Health Related Exercise (OFFSITE) Year 10 – Personal CV fitness programme Year 11 – Personal CV & Resistance programme	Games Activities Year 10 – Rounder's - striking/fielding (Unit 4.8) Year 11 - Racquetball - net/wall (Unit 4.6) FUNS Scheme	Athletics Activities (Unit 4.1) FUNS scheme	Outdoor Adventurous Activities (unit 4.12) <ul style="list-style-type: none"> • Canoeing • Archery • Blacklands farm outdoor activity centre

SIXTH FORM SPORT & LEISURE

The sixth form curriculum allows students to experience and participate in a range of sporting activities including team and individual activities, whilst gaining accreditation within a sport related course. Students will experience and develop the necessary skills relating to using offsite leisure and recreation facilities and gain an understanding of how to access these facilities as a part of a healthy lifestyle. Preparation for life out with and after Young Epilepsy is vital so it is important these life skills are developed.

The following options are offered throughout the academic year and students will choose an option from two choices every half term. This gives the student's ownership of their programme and allows them to specialise in a certain activity area if they wish.

1. Outdoor Education	2. Offsite Fitness	3. FUNS	4. Trampoline	5. Cycling	6. Swimming	7. Games
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Options are linked to the Equals moving on curriculum. Each of the three moving on programmes provides accreditation opportunities for at least two activities under each unit. Also, activities link into the sixth form curriculum map supporting accreditation in other subjects such as PSHE, numeracy, science, BTEC etc.

In addition, students can also gain accreditation through a variety of National Governing Bodies award schemes

EQUALS MOVING ON						
PROGRAMME	Explorer		Voyager		Traveller	
SUBJECT AREA	Leisure And Recreation					
UNIT	1. Swimming 2. Gym.		1. Sport in the Community. 2. Therapy		1. Team sports 2. Community leisure	
ACCREDITATION	Swimming	Fitness	Trampoline	Outdoor Ed.	Games	Cycling